

Helizabet Salomão Abdalla Ayroza Ribeiro

I have dedicated my career to academic growth and the advancement of Minimally Invasive Gynecologic Surgery (MIGS) in Brazil and Latin America. I am an Associate Professor at the Santa Casa de São Paulo School of Medical Sciences and currently serve as the Head of the Division of Gynecologic Endoscopy and Endometriosis at this institution.

In 2012, I became a member of the Brazilian Society of Minimally Invasive Gynecology and Endometriosis (SBE). I served as the Director of Education, followed by Director of Communication, and Vice President. Presently, I hold the position of President of SBE. Throughout this period, my efforts have been directed towards the scientific and practical growth of MIGS in Brazil. I fostered collaboration and enhanced integration with patient advocacy groups, resulting in significant improvements in endometriosis care within the region.

In 2016, I assumed the role of Vice President of the National Commission on Endometriosis (CNE) under the Brazilian Federation of Gynecology and Obstetrics – FEBRASGO, our equivalent of ACOG.

As an active educator, over the past decade, I have effectively executed my academic mission: to teach and assist surgeons across Latin America in honing their surgical skills.

As a clinician and surgeon, my career has been devoted to the care of women, particularly those with endometriosis.

I have trained numerous fellows, residents, and students, sharing with them the intricacies of gynecological minimally invasive surgery. Recently I also fulfilled a dream by establishing the fellowship program for gynecological endoscopy at our hospital.

The pervasive issue of inequality in medicine necessitates action worldwide. It is imperative to address these imbalances and cultivate a more equitable professional environment. Recently, we launched a comprehensive initiative encompassing mentorship, resources, and advocacy to empower women in surgery. This effort aims to reduce workplace disparities and position the EndoWomen campaign as a symbol of progress and inclusivity.

In conclusion, my journey has been one of unwavering commitment to advancing MIGS, teaching the next generation of surgeons, and advocating for gender equity in the medical field.