



EMIGS TASK #1 – PEG/SLEEVE TRANSFER (TEXT INSTRUCTIONS)

For this task you will need to use two Maryland graspers you are required to pick a side of the lap trainer to stand on. You must remain on this side for the duration of this task. Failure to do so will cancel your score on this task.

To perform this task, start by placing the laparobowl on the Velcro located inside the trainer, using the same orientation as shown in this image, with the pegs oriented facing toward you and the pegboard and the sleeves located in the center of the laparobowl.

You will pick up a sleeve from the pegboard on the base of the Laparobowl, transfer in midair to your other hand and then place it on one of the pegs on the side wall of the Laparobowl.

There is no predetermined order for the sleeve transfers. You will repeat this process until all six sleeves have been transferred to the sidewall pegs. Then you will reverse the process transferring the sleeves from the sidewall peg to the peg board again performing at least one transfer midair to your other hand.

Time will begin when an instrument appears on the screen. Timing will stop once the last sleeve is settled on the peg board. Errors will include dropped sleeves and/or incorrect or missed midair transfers.

While you are not required to utilize either your non dominant or dominant hand you are required to transfer the sleeve from the hand that you initially pick up the sleeve with to your contralateral hand before placing it onto the sidewall peg.

You are required to perform at least one transfer, but you may perform more than one transfer if necessary. Ensure that the sleeve is completely flush to the Laparobowl sidewall, and not hanging on the peg. Once all six sleeves are on the side wall pegs, you will reverse your process again, performing a transfer midair. You are not required to replicate the exact order, but it can be helpful.

Should you drop a sleeve, you are required to retrieve it with the hand that it was dropped from, and then you must continue and complete your transfer. You cannot use a drop as your transfer point.

If you drop a sleeve and it falls out of the field of the laparoscopic view, you can look directly inside of the box trainer and retrieve the sleeve with the laparoscopic instrument, but you must retrieve the sleeve the same hand that dropped the sleeve.

Timing for this task will stop once the last sleeve in the series has been settled or if you reach the maximum time of 330 seconds allotted to complete this task.